

## Mama DHA Premium



### Composition

2 capsules of Mamadha Premium contain DHA acid 800 mg, iodine 200 µg, folic acid 400 µg, vitamin D3 50 µg (2000 j. m.), magnesium 200mg.

### Packaging

One package contains 60 capsules.

### Instructions of use

2 capsules a day during meals or according to doctor's recommendation.

### Indications

Mamadha Premium contains a balanced composition of DHA , vitamins and minerals – ingredients that support the mother's organism during pregnancy and breastfeeding as well as contribute to the proper development of the fetus.

**DHA** - docosahexaenoic acid is included in phospholipids which make up the nervous system and retina. It supports the correct development of the brain and eyes of the fetus. It has beneficial effects when minimum 250 mg of DHA is consumed daily.

**Folic acid** helps in the production of blood, takes part in cell division and supports immune system. Its consumption by mother lowers the risk of OUN fetus malformation.

**Iodine** helps in the proper functioning of thyroid and proper production of thyroid hormones. Supports correct functioning of the nervous system and has a positive effect on the cognitive functions.

**Vitamin D** helps in the proper absorption and utilization of calcium and phosphorus. It is essential for ensuring healthy bones of the mother, as well as normal growth and development of bones in the fetus. Vitamin D supports the proper functioning of muscles and immune system, also takes part in the process of cell division.

**Magnesium** regulates neuromuscular conduction, supports the proper bone mineralization.

## **Contraindications**

Do not use in case of hypersensitivity to any product ingredients.

## **Additional information**

This medicine should be used under the supervision of a physician.

This product is a nutritionally incomplete foodstuff and cannot be used as the only source of nutrition.

This product is intended for pregnant and breastfeeding women.

This product is not for parenteral use.

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Company holds Quality ISO 9001 and HACCP certificates.

